

# ANNUAL REPORT 2023-2024

CANADIAN  
PSYCHOLOGICAL  
ASSOCIATION

SOCIÉTÉ  
CANADIENNE  
DE PSYCHOLOGIE



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# MESSAGE FROM OUR PRESIDENT AND OUR CHIEF EXECUTIVE OFFICER

As we reflect on another year of activity for the Canadian Psychological Association – the national association for the science, practice, and education of psychology – psychology’s importance and application continues to be critical. It is woven into the fabric of who we are as a people and a country, how we respond to issues impacting society, how we use psychological science to contribute to policy and evidence-based decision-making, and how we respond to those in need in the places where we live, learn, work, and play.

As your professional association, the CPA aims to empower and support the profession and discipline of psychology; the members and students who are our present and future practitioners, researchers, and/or educators; and our society which can benefit from our knowledge in multiple domains and subject matter areas.

We do this through some of the following activities: advocacy with government, decision-makers, and funders; accrediting the residency and doctoral programs that train future psychologists; promoting and upholding a code of ethical conduct for psychology; providing continuing education and



professional development; organizing conventions and other events; creating opportunities for networking and knowledge sharing; publications and resources; public awareness; member engagement; research funding and promotion; liaising and maintaining relationships with external psychological organizations; upholding standards of professional practice; and addressing and promoting psychologists’ unique value and scope of practice, just to name a few...

The past year was a year of transition for the CPA. Under new Executive and Board leadership, 2023-2024 was marked by some of the following changes and initiatives: an operational review and staff restructuring within the CPA’s Head Office; a governance review that included updates to the CPA’s operating regulations and restructuring of the CPA’s committees; outreach to and liaisons with current and new external organizations; and ongoing activity in the service of our strategic plan. It was a year in which the CPA had to explore what it meant to be forward-thinking, agile, and equipped to turn periods of challenge into successes. Thanks to the leadership, passion, and dedication of our staff, board, committees, and working groups, we delivered on a very ambitious plan of activity for the association, all while meeting

our financial benchmarks. An overview of this activity, summarized according to each of our six strategic goals, is presented in the Annual Report. Below we highlight some of our initiatives:

- Our annual membership and affiliate numbers once again exceeded 7,000.
- Released five new fact sheets, published five guest-edited issues of Psynopsis, and continued to publish high quality and impactful research in our three peer-reviewed journals.
- Continued to advocate for more funding for psychological and mental health research, while also continuing to promote the ways in which investing in psychological science benefits the people of Canada and contributes to evidence-based decision-making.
- Maintained a strong voice to the federal government in advocating for mental health parity with physical health.
- Sustained engagement with the government on a range of national policy issues (e.g., research funding, Medical Assistance in Dying, federally funded health programs, pan-Canadian licensure, recruitment and retention of psychologists in the public sector). In support of these and other activities we invited members to provide their input to a public policy survey.
- To advance members' continuing professional development and lifelong learning we collaborated with CPA Sections in the delivery of six webinars, grew the total number of courses in the CPA's on-demand course catalogue to 34, and saw the American Psychological Association's (APA) online catalogue of professional development course offerings expand to 225.

- United more than 1,900 delegates at the CPA's 2023 Annual National Convention which was held in conjunction with the 5th North American Correctional and Criminal Justice Psychology Conference (N5).
- In support of students, we:
  - awarded 25 research grants (one of which was co-sponsored by the Canadian Society for Brain, Behaviour and Cognitive Science - CSBBCS, and three by BMS Canada with the Council of Professional Associations of Psychologists - CPAP),
  - awarded two leadership grants (sponsored by BMS Canada with CPAP),
  - held our fourth annual Virtual Career Fair (with the CSBBCS),
  - dispensed four psychology student-focused conference support awards,
  - progressed on several Equity, Diversity, Inclusion and Belonging initiatives including convening one working group focussed on developing a bursary program for equity-deserving students and another focussed on developing an EDI framework for the CPA and,
  - continued the awarding of bursaries as part of the CPA's Indigenous Psychology Student Award program.

In all our activity, serving our membership is our priority and we continued to explore and find ways to promote, support, and offer value to our members, affiliates, and associates. We thank the over 7,000 individuals who choose to join the CPA on an annual basis. We are committed to fostering an as-

sociation that inspires collaboration, empowers individuals, is a leader for change, and cultivates inclusion in the most comprehensive way possible. As you read through the annual report, we hope you will continue to recognize the value of your membership in the CPA and that it will inspire you to become more involved with the association – whether by running for the board, joining a committee or working group, or becoming involved in one or more of our Sections.

Lastly, in reading through the Annual Report, please join us in acknowledging and thanking the talented and dedicated CPA staff at Head Office who work tirelessly on your behalf throughout the year.

**Eleanor Gittens, Ph.D.**  
CPA President (2023-2024)

**Lisa Votta-Bleeker, Ph.D.**  
Chief Executive Officer



# OUR BOARD OF DIRECTORS

## Presidential Officers



**President**  
Dr. Eleanor Gittens  
Orillia, ON



**Incoming President and Director-at-large**  
Dr. Anita Gupta  
Halifax, NS



**Immediate Past-President**  
Dr. Kerri Ritchie  
Ottawa, ON

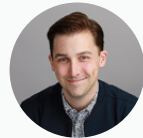


**Honourary President**  
The Honourable Jean Augustine  
Toronto, ON

## Directors



**Director Representing Science**  
Dr. Adam Sandford  
Toronto, ON



**Director Representing Practice**  
Dr. Mitch Colp  
Airdrie, AB



**Director Representing Education**  
Dr. Meghan Norris  
Kingston, ON



**Director Representing the Council of Sections**  
Dr. Amir Sepehry  
Vancouver, BC



**Director-at-Large**  
Dr. Janine Hubbard  
St. John's, NL



**Director-at-Large**  
Dr. Claire Sira  
Victoria, BC

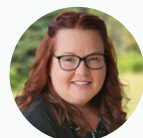


**Student Representative**  
Ms. Anisa Nasser  
Vancouver, BC

## Partner Representatives



**Council of Canadian Departments of Psychology (CCDP)**  
Dr. Sandra Byers  
Fredericton, NB



**Canadian Council of Professional Psychology Programs (CCPPP)**  
Dr. Sara Hagstrom  
Thunder Bay, ON



**Canadian Society for Brain, Behaviour and Cognitive Science (CSBBCS)**  
Dr. Myra Fernandes  
Waterloo, ON



**Council of Professional Associations of Psychologists (CPAP)**  
Dr. Jo Ann Unger  
Winnipeg, MB

# OUR STAFF

**Dr. Lisa Votta-Bleeker**

Chief Executive Officer

**Phil Bolger**

Chief Financial Officer

**Glenn Brimacombe**

Director, Policy and Public Affairs

**Leanna Verrucci**

Director, Marketing and Membership

**Dr. Lauren Thompson**

Lead, Scientific Affairs

**David Mercer**

Advisor, Education & Professional Development

**Dr. Stewart Madon**

Director, Professional Affairs and Registrar, Accreditation

**Julie Auger**

Director, Events

**Cara Bernard**

Manager, Governance & Sections Administration

**Kathy Lachapelle-Pétrin**

Manager, Convention Program

**Eric Bollman**

Communications Specialist

**Kathryn McLaren**

Lead, Membership and Association Development

**Zaineb Bouhlal**

Membership Database & Service Administrator

**Vijaya Ramesh**

Coordinator, Finance

**Heba Khalil**

Coordinator, Accreditation

**Christine McPherson**

Assistant, Accreditation and Operations

**Bev Glube**

Administrator, Finance

**Sherene Chen-See Pottruff**

Managing Editor, *Psynopsis*

**Anthony Aubrey**

Multi-Media Graphic Designer

**Kimberley Black**

Executive Assistant

# WHO WE ARE

## About Us

The Canadian Psychological Association (CPA) was founded in 1939 as the national association for the science, education, and practice of psychology in Canada. We were incorporated under the Canada Corporations Act, Part II, in May 1950 and received our Certificate of Continuance under the Canada Not-for-Profit Corporations Act (NFP Act) in August 2013. With over 7,000 members and affiliates, we are Canada's largest national association for psychology.

## Vision

A society where the understanding of diverse human needs, behaviours, and aspirations drives legislation, policies and programs for individuals, organizations, and communities.

## Mission

Advancing research, knowledge, and the application of psychology in the service of society through advocacy, support, and collaboration.

## Our Strategic Goals

As an association, we are guided by the vision that the science, practice, and education of psychology has broad and deep relevance to public policy and the public good. We aim to realize this vision by being an association that:

1. Supports and promotes psychological science to advance knowledge and to address the concerns of people and the society in which we live and work.
2. Meets the needs, supports the growth, and enhances the impact of the discipline and profession.
3. Advocates for access, resources, and funding for psychological services and research, in parity with physical health, for the people in Canada.
4. Addresses the education, training, and career development needs of students, educators, scientists, and/or practitioners of psychology across their lifespan.
5. Promotes and models equity, diversity, and inclusion in all we do.
6. Is accountable to Indigenous people through the recommendations of the CPA's response to the Truth and Reconciliation Commission (TRC) of Canada's report.



## CPA Guiding Principles

- Evidence-based practice, policy, and decision-making.
- Respect our organizational mission in all things: support and promote the development of the discipline and profession and its contributions to the people and society in which we live and work.
- Deliver value to members and affiliates.
- Respect, integrity, diversity and inclusion guide all our activity.
- Model the principles of the CPA Canadian Code of Ethics in all we do.
- Collaborate meaningfully and constructively with the CPA's and psychology's partners and stakeholders.

## CPA Operating Principles

- **A commitment to best practice** in the governance and management of the association.
- **Organizational effectiveness.** Our strategic goals reflect and respond to the needs and views of our membership and stakeholders. We align operations to strategic goals. We balance the need for continuity of policy and programming with the need to respond to changes in the organization's climate and context. We walk the talk of respect and collaboration among Board, management, staff, members, affiliates, partners and stakeholders.
- **Provide psychology** across Canada a professional home. We can do this by being a convenor and by supporting networks and communication among scientists, practitioners, and educators in psychology.
- **Have an opinion, lend a voice, make change for the good.** We engage members and their expertise in making contributions to public policy.
- **See, hear and consider a diversity of perspectives** from among members, affiliates, partners and stakeholders when addressing issues, problems, policies and initiatives facing psychology or the organization.



# OUR 2023 CPA MEMBERSHIP BY THE NUMBERS

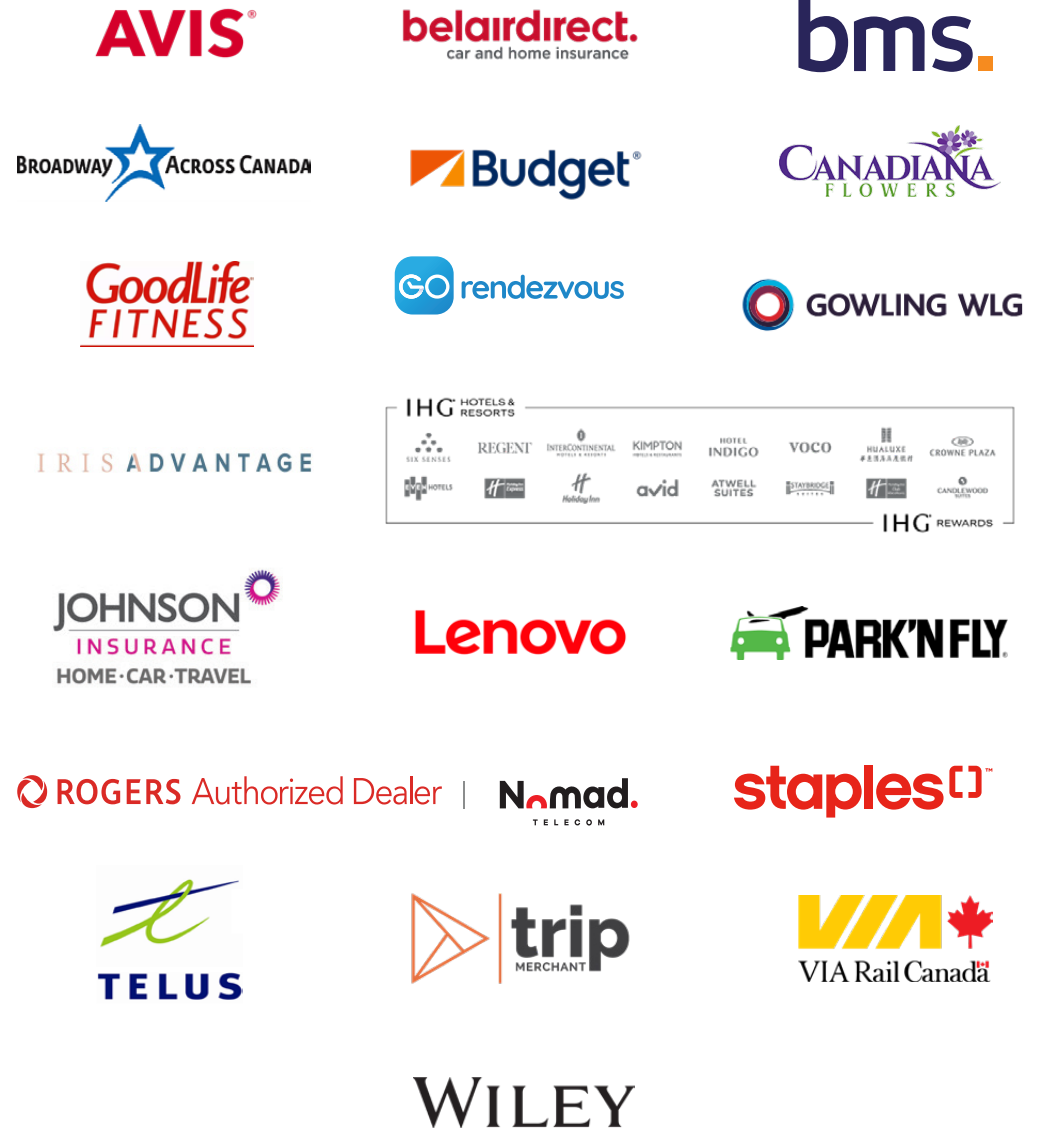
## CPA Membership Type Breakdown

Member	4,581
Fellow	113
Early Career Year 1 Member	214
Early Career Year 2 Member	234
Parental Leave Member	30
Honorary Life Fellow	35
Honorary Life Member	74
International Affiliate	26
International Student Affiliate	7
Retired Fellow	17
Retired Member	98
Special Affiliate	84
Student Affiliate	1,783
Student Affiliate - Campus/Student Rep	21
CPA/APA Joint Fellow	1
CPA/APA Joint Member	24
Section Associate	61
Bachelor Gap Year Affiliate	43
CPA Complimentary Membership	16
Total	7,462

## Age Breakdown

18-29 years	15%
30-49 years	44%
50-69 years	30%
70+ years	11%

## Our Member Benefit Partners





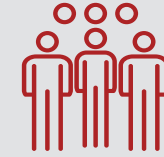
**60,589**  
SOCIAL MEDIA  
FOLLOWERS



**259**  
ONLINE CPD  
COURSES



**20**  
MEMBER BENEFIT  
PARTNERS



**7,462**  
MEMBERS AND  
AFFILIATES



**11**  
AWARDS



**3**  
JOURNALS



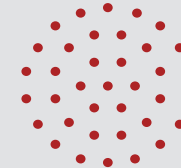
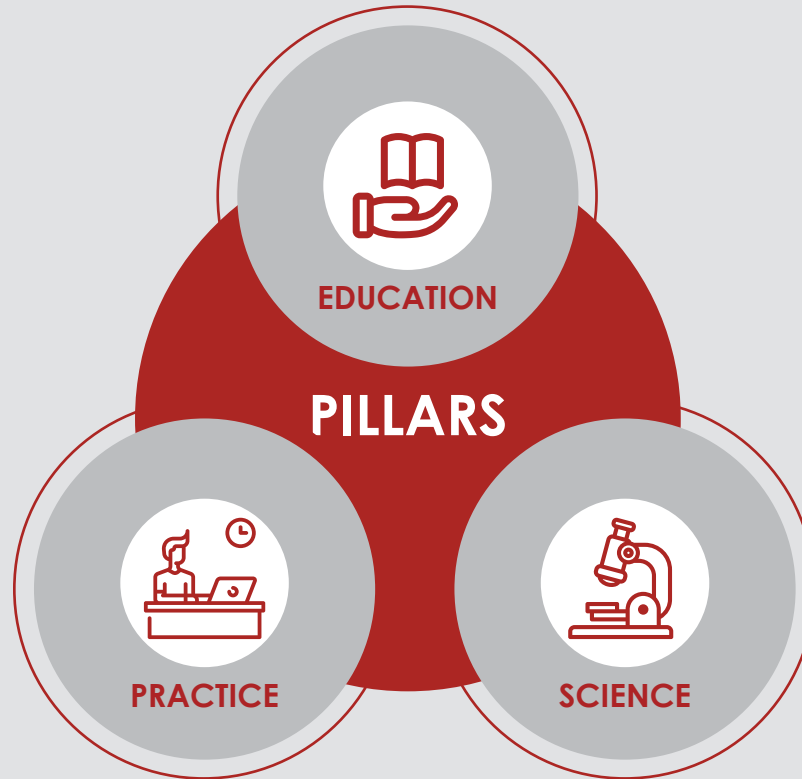
**4**  
ACTIVE  
WORKING  
GROUPS



**15**  
ALLIANCES/  
COALITIONS



**90**  
MEDIA MENTIONS



**35**  
SECTIONS



**27**  
RESEARCH &  
CAREER GRANTS



**6**  
GOVERNMENT  
SUBMISSIONS



**90**  
ACCREDITED  
PROGRAMS



**96**  
FACT SHEETS &  
CAREER RESOURCES

## STRATEGIC GOAL #1: SUPPORTS AND PROMOTES PSYCHOLOGICAL SCIENCE TO ADVANCE KNOWLEDGE AND TO ADDRESS THE CONCERNS OF PEOPLE AND THE SOCIETY IN WHICH WE LIVE AND WORK

### PROMOTED THE BREADTH AND CONTRIBUTION OF PSYCHOLOGICAL SCIENCE

Many thanks to the Editors and Associate Editors of our journals for their ongoing commitment, diligence, and excellence – two of the CPA's three journals saw significant increases in their 2022 impact factors.

- *Canadian Psychology*: Editor – Dr. Don Saklofske. Associate Editors – Dr. Donald Sharpe, Dr. Natacha Godbout, Dr. Gord Flett
- *Canadian Journal of Behavioural Science*: Editor – Dr. Annie Roy-Charland. Associate Editors – Dr. Pierre Cormier, Dr. Martin Drapeau, Dr. Marie-Hélène Véronneau
- *Canadian Journal of Experimental Psychology*: Editor – Dr. Debra Titone. Associate Editors – Dr. Myra Fernandes, Dr. Marc Joanisse, Dr. Ben Dyson

We posted five new *Psychology Works* fact sheets since last June: 1) Opioid Crisis in Canada; 2) Benefits of Nature Exposure; 3) Giftedness in Children and Youth; 4) Retirement; and 5) Mental Health and the Workplace. Many thanks to the authors of our fact sheets for sharing their expertise, as well as to our Sections, the Scientific Affairs Committee, and our Fact Sheet Editorial Board for their assistance in developing these resources.

We released five new issues of *Psynopsis* since last June:

- *Telepsychology* – Edited by Dr. Elizabeth Church and Dr. Stéphane Bouchard (Vol. 45.2, 2023)
- *Substance Use Health and Addictions* – Edited by Dr. Kim Corace (Vol. 45.3, 2023)
- *Gender Diversity* – Edited by Dr. Ada Sinacore (Vol. 45.4, 2023)
- *School Psychology* – Edited by Dr. Maria Kokai and Dr. Steven R. Shaw (Vol. 46.1, 2024)
- *People, Culture & Psychology* – Edited by Dr. Eleanor Gittens and Dr. Ben C.H. Kuo (Vol. 46.2, 2024)

We provided letters of support to members in support of tri-council funding or award nominations and joined grant applications as knowledge user/collaborator/mobilizer/partner.

We continued to support the CPA's Recruit Research Participants Portal (R2P2), a service that allows our members and affiliates who are seeking research participants to post notices of their studies on our website. The notices are shared in our monthly newsletter, on the CPA's website, and via the CPA's social media outlets.

In continued support of international psychological science, Dr. Lauren Thompson, the CPA's Scientific Affairs Leader, serves as the National Research Council's point person at the CPA's Head Office regarding the International Union of Psychological Science (IUPsyS), communicating and collaborating with the CPA membership and both Dr. Jennifer Veitch (Chair, CPA's International Relations Committee) and Dr. Saba Safdar (Chair, Canadian National Panel for IUPsyS).

## **LEVERAGED CPA DATA AND KNOWLEDGE TO INFORM AND IMPACT ISSUES OF PUBLIC CONCERN AND POLICY**

The CPA's fact sheets, policy positions, and issues of *Psynopsis* are shared with relevant partners, funders, government, and other decision-makers to advance awareness, discussion, and evidence-informed public policy. The CPA has strived to support the discipline and the public by regularly updating the CPA's website with relevant resources on key societal issues.

The CPA released *Every Number Tells a Story: 2023 Public Policy Survey Results*, which is a summary of where members told us they stood on a variety of public policy issues including but not limited to access to care, MAiD, public-private funding, and national licensure.

The CPA, represented by current CPA President Dr. Eleanor Gittens and Past CPA President Dr. Sam Mikail (2018-2019), appeared before the Special Joint Committee on Medical Assistance in Dying (MAiD) to provide the profession's perspective on the pending implementation of MAiD where a mental disorder is the sole underlying condition.

We worked with several CPA Sections on various issues of public concern and policy, including:

- the Section on Environmental Psychology to collect data on members' feelings and behaviours with respect to climate advocacy in one's professional life in the discipline of psychology.
- the Section on Psychologists in Hospitals and Health Centers to a) disseminate a member survey to better understand recruitment and retention issues within the public sector; and b) organize a meeting to discuss next steps in addressing this issue.
- the Criminal Justice Psychology Section to identify ways in which to have psychologists recognized as expert assessors of fitness to stand trial and not criminally responsible assessments in the *Criminal Code of Canada*.
- the Educational and School Psychology Section to collect data about access to and availability of psychological services in publicly funded school boards across Canada.

The CPA re-stated its unwavering support for two federal pieces of legislation (Bill C-273 and Bill S-251) that call for the repeal of section 43 (corporal punishment) of the *Criminal Code of Canada*. The CPA also sent a letter of support and issued a news release supporting Bill S-269, which calls for a ban on the marketing of gambling in Canada.

The CPA initiated work with the Canadian Institute for Public Safety Research and Treatment (CIPSRT) to bring attention to the scope of mental health needs among public safety personnel.

The CPA also accepted invitations to participate in the following discussions where it was represented by a CPA member with subject matter expertise:

- An Expert Panel Roundtable for the Cannabis Act Legislative Review
- A Discussion Group to develop an Arthritis Action Plan
- Roundtable Consultation on Upstream Prevention: Engaging Professional Associations and Community Serving Organizations, as part of an international conference on countering radicalization to violence organized by Public Safety's Canada Centre for Community Engagement and Prevention of Violence

## **ADVOCATED FOR AND FUNDED PSYCHOLOGICAL SCIENCE**

Through its CEO and Scientific Affairs Leader, the CPA maintains regular communication with the Social Sciences and Humanities Research Council (SSHRC), Canadian Institutes of Health Research (CIHR), and Natural Sciences

and Engineering Research Council of Canada (NSERC) regarding funding issues impacting Canada's psychology researchers and students. The CPA has continued to advocate for:

- increased funding to the base budgets of each of CIHR, NSERC, and SSHRC for fundamental basic and applied research,
- increased funding for graduate students and early career researchers,
- increased funding for facilities and administrative research costs,
- increased funding for psychological research,
- funding for mental health research that is proportionate to its burden of disease and impacts on specific communities, and
- the need to recognize the critical role of and use of behavioural science in policy- and decision-making.

To further discuss these issues and more, the CPA organized a Thought Leaders Forum on psychological research in Canada with the tri-council's Vice-Presidents of Research to take place during the CPA's 2024 Annual National Convention.

The CPA continued its Annual Student Research Funding Program. Fifteen grants were awarded by the CPA (total value \$22,080.00). In addition, the CPA administered its joint CPA-CSBBCS grant valued at \$1,500; six awards, valued at \$500.00 each, by the CPA's Student Section; and three CPA-CPAP research and two CPA-CPAP leadership grants sponsored by BMS Canada (total value \$7,500.00).

We continued to provide annual funding for psychology-related conferences, that specifically target engagement and participation of undergraduate psychology students, with four annual awards valued at \$500.00 each.

The CPA was represented on numerous research-focused alliances/committees including, but not limited to, the Canadian Consortium for Research (CCR), for which the CPA's Scientific Affairs Leader serves as Vice-Chair; the Public Health Agency of Canada's National Research Advisory Committee on Suicide and its Prevention; and the Mental Health Commission of Canada's National Collaborative for Suicide Prevention.

## DEVELOPED PSYCHOLOGY-INFORMED POSITIONS AND POLICY STATEMENTS ON TOPICS OF RELEVANCE TO SCIENCE AND PRACTICE

Since last June, the Board approved the release of:

- two position statements:
  - *Promotion of Gender Diversity and Expression and Prevention of Gender-related Hate and Harm*
  - *Decriminalization of Illegal Substances in Canada,*
- one policy statement: *Gender Identity in Children and Youth,* and
- the CPA's Telepsychology Guidelines

In addition, CPA Senior Staff have been working on the development of a position statement on Gender-based Violence, a position paper on National Licensure and Title Harmonization for Psychology in Canada, and related to the issue of growing the supply and mobility of psychologists, a background discussion document on creating professional schools of psychology within publicly funded universities in Canada.





## STRATEGIC GOAL #2: MEETS THE NEEDS, SUPPORTS THE GROWTH AND ENHANCES THE IMPACT OF THE DISCIPLINE AND PROFESSION

### ENGAGED STUDENTS, SCIENTISTS, PRACTITIONERS, AND EDUCATORS IN AND WITH THE CPA

As part of our ongoing efforts to engage the CPA's membership, we:

- successfully united more than 1,900 scientists, practitioners, educators, and students across 34 Psychology Sections for three days of learning and networking at the CPA's 2023 Annual National Convention, held in conjunction with the 5<sup>th</sup> North American Correctional and Criminal Justice Psychology Conference (N5).
  - distributed our monthly digital newsletter, *Psygnature*, our inward-facing publication that includes information targeted to the CPA's members, affiliates, and associates containing member benefit information, advocacy initiatives, Board updates, educational opportunities, members in the media, and invitations to participate in surveys, studies, and other initiatives.
  - continued our Monthly Poll question in *Psygnature* to find out members' views on key initiatives and topics including - what researcher they are most interested in, is some of their work informed by climate change, do they support funding for mental health - to name just a few.
- added two new affinity partners – GOrendezvous and Nomad Telecom Rogers – to our member benefit offerings.
  - created several member surveys (e.g., public policy survey) and provided survey development/analytic support to Sections and external alliances.
  - continued to support the work of the CPA's numerous committees, working groups, and some Sections, to address specific topics of relevance to the membership, the association, and the discipline.
  - continued delivery of advocacy workshops by the CPA's CEO to psychology students.
  - designed a new issue of *Mind Pad* - the Student Section's written and edited publication.
  - created a Social Media Policy document for our Sections that served as both a guide to the policies and duties surrounding CPA-affiliated social media accounts, as well as a how-to guide for setting up accounts.



## MEMBER AND AFFILIATE PROMOTION

Promoted our members and affiliates, and the CPA, through our monthly newsletters, weekly news roundups, podcasts, webinars, media stories, website spotlights and social media platforms.

We fulfilled 38 interview requests, had 90 media mentions, and shared 360 media stories involving our members through our various platforms and offerings.

In our continuing efforts to increase our relevance to student affiliates and increase their membership in the CPA, we have been working with the Undergraduate and Graduate Student Representatives to spotlight and showcase students. This year 11 students were highlighted in written pieces and podcasts.

## EDUCATED THE PUBLIC ABOUT THE IMPACT OF PSYCHOLOGY'S CONTRIBUTION TO SOCIETY

We Influenced public discourse through social media and videos.

- During Black History Month, we showcased organizations advancing Black mental health in Canada, an essay from Zuraida Dada on surviving Apartheid, and two videos from our President, Dr. Eleanor Gittens. Our 36 posts, across six platforms, resulted in just over 630 engagements and a reach of close to 19,000 people.
- Our 2023 Psychology Month Campaign theme was *Climate Crisis and Coping: The Drivers, Effects and the Role of Psychology*, where we highlighted psychologists working

to combat climate change, and looked at some possible paths forward. Our more than 60 social media posts resulted in more than 1.5 million impressions and 3,200 uses of the #PsychologyMonth/#MoisDeLaPsychologie hashtags.

Created a *World Mental Health Day* video to inform the public of the mental health care crisis and the CPA's initiatives and advocacy efforts.

Produced 11 written pieces and 26 podcasts on topics ranging from developing anti-racist cultural competence to psychedelic assisted therapy to gender diversity in politics and culture.



# STRATEGIC GOAL #3: ADVOCATES FOR ACCESS, RESOURCES AND FUNDING FOR PSYCHOLOGICAL SERVICES AND RESEARCH, IN PARITY WITH PHYSICAL HEALTH, FOR THE PEOPLE IN CANADA

## ENGAGED HEALTH FUNDERS AND DECISION-MAKERS TO SUPPORT THE INTEGRATION OF PSYCHOLOGICAL SERVICES INTO PRIMARY HEALTH CARE SERVICES

Through the leadership of the CEO (Dr. Lisa Votta Bleeker), Director of Policy and Public Affairs (Glenn Brimacombe) and the Director of Professional Practice (Dr. Stewart Madon), the CPA has been very active in representing the views of psychology across a wide range of public policy and practice-related issues to ensure that the voice of psychology – as a standalone organization or in alliance with other national mental health organizations – is heard by public policy decision-makers, with whom CPA Staff regularly meet. Some of these focus areas are noted below.

- The CPA continued to call on the federal government to deliver on its long-promised Canada Mental Health Transfer (valued at \$4.5 billion over 5 years) and create a companion piece of legislation to the *Canada Health Act* that recognizes the essentialness of funding mental health care services, in parity with physical health. These “asks” were part of the 2024 pre-budget submission by the CPA and were strategically aligned with the Canadian Alliance on Mental

Illness and Mental Health (CAMIMH) and the Organizations for Health Action (HEAL).

- With leadership from the CPA, CAMIMH released its second annual *Mental Health and Substance Use Health Report Card* which found that both the federal and provincial governments received a failing grade when it comes to providing Canadians with timely access to publicly funded mental health and substance use health care services. CAMIMH was also critical of the federal government’s decision to shutter the Wellness Together Canada portal.
- With the ten-year health agreement signed by the federal, and provincial and territorial governments in 2023, the CPA and CAMIMH expressed its significant concerns about the lack of dedicated funding for mental health and substance use health services.
- The CPA, along with many other national mental health organizations, co-signed a letter to the Federal Minister of Health to meet and discuss the exclusion of mental health and substance use health care services from the *Canada Health Act*, and Canada’s publicly funded health care system.
- The CPA recently met with the Professional Institute of the Public Service of Canada (PIPSC) – which is the official bargaining agent for psychologists who are employed by the

federal government - to determine how it can best support the current negotiation process.

- CPA Senior Staff attended primary care and mental health human resource events hosted by the Canadian Medical Association (CMA) and the Team Primary Care collaborative. The CPA was a signatory on a letter to federal health ministers advocating for the integration of psychological services into primary care settings.
- When requested, the CPA shared knowledge and provided strategic advice to the provincial psychological associations on several health system/policy issues.

## **ADVOCATED FOR INSURANCE PARITY IN THE PRIVATE AND PUBLIC SECTORS FOR MENTAL AND PHYSICAL HEALTH SERVICES**

Dr. Votta-Bleeker represents the CPA on the Extended Health Providers Coalition (EHPC) where increasingly the focus is on how to effectively engage employers to increase their employee coverage for a range of extended health benefits. The Coalition had some recent success (Budget 2024) in persuading the federal government to expand the list of eligible professions for the Canada Student Loan Forgiveness Program, including psychology. The EHPC is continuing its discussions with the Canadian Life and Health Insurance Association on matters of mutual interest.

The CPA continued to meet with federal government officials from the Non-Insured Health Benefits (NIHB) program and the Interim Federal Health Program (IFHP) to advocate for administrative and program efficiencies, and fair

reimbursement for psychological services that are reflective of recommended provincial rates.

Mr. Brimacombe continues to chair CAMIMH's Public Affairs Committee. In this role, he plays a lead role in shaping the alliance's strategic approach to calling for parity for mental health and substance use health services across the public and private sectors.

## **CONTINUED TO WORK WITH INSURERS AND PLAN SPONSORS TO BRING ABOUT MEANINGFUL COVERAGE FOR PSYCHOLOGICAL SERVICES**

The CPA continues to speak publicly about the gap that exists between what employers' current coverage of psychological services for employees and what employees want in coverage. While there remain significant gaps between current employer coverage levels and what is recommended by the CPA, select insurers have made the necessary steps to provide coverage for mental health services separate and apart from other health services.

To improve employee coverage, in its 2024 pre-Budget submission, the CPA called on the federal government to provide eligible employers with a tax credit of up to 25% to defray some of the costs of expanding employer health benefit coverage for psychological care.

Working closely with the Mental Health Commission of Canada (MHCC), the CPA co-chaired two of three sessions of a Public-Private Insurers Collaborative. The purpose of the invitational roundtable of senior leaders from the public,

community, and private sector was to share innovations in mental health and substance use health delivery models, foster collaboration in policymaking, and identify potential areas for future discussion and/or partnership.

## **ASSESSED CURRENT FUNDING FOR PSYCHOSOCIAL HEALTH RESEARCH ACROSS GRANTING COUNCILS**

The CPA, working closely with the Canadian Consortium for Research (CCR) - the largest research advocacy coalition in Canada, representing 20 organizations and including 50,000 researchers and 650,000 students - continued to strongly advocate for the federal government to significantly invest in Canada's research ecosystem.

## **DEVELOPING MEMBERS' ADVOCACY SKILLS**

The CPA continues to provide several different educational tools and resources to assist members in becoming a more effective advocate. These include:

- continued support of the CPA's Very Involved Psychologist (VIP) and Very involved Psychologist Researcher (VIPR) programs,
- promotion of the CPA's Advocacy Toolkit, and
- development of a hands-on full-day Pre-Convention Professional Development Workshop: *on Advocacy in Action - A Practical Approach to Initiating Change for Psychology*.



## **STRATEGIC GOAL #4: ADDRESSES THE EDUCATION, TRAINING AND CAREER DEVELOPMENT NEEDS OF STUDENTS, EDUCATORS, SCIENTISTS AND/OR PRACTITIONERS OF PSYCHOLOGY ACROSS THEIR LIFESPAN**

### **EXPLORED WAYS TO INCREASE OUR PROFESSIONAL DEVELOPMENT OFFERINGS AND RESOURCES FOR OUR SCIENTIST MEMBERS, AS WELL AS TO INCREASE OUR EVIDENCE-BASED PROFESSIONAL DEVELOPMENT OFFERINGS AND RESOURCES FOR PRACTITIONER MEMBERS**

Over the course of 2023–2024, we identified topics and resources of interest, and continued to augment the breadth and depth of our live and archived offerings to include courses in sexuality and gender, cultural inclusivity, research methods, and clinical practice across a range of different subjects.

The total number of courses in the CPA's on-demand course catalogue stands at 34, two of which are entirely in French, designed specifically as Francophone versions of existing English webinars by the same authors. Two additional courses are currently in development for the catalogue. The CPA's licensing agreement with the APA for access to its online catalogue of professional development courses has continued to expand, with more than 225 courses now available.

In late 2023, the CPA entered into an Educational Partner agreement with ASADIS, a Québec continuing professional education provider that has been a long-standing Sponsor organization of the CPA. The agreement provides CPA members and affiliates a discount on an additional 126 CPA-approved courses including 83 Francophone programs.

CPA Continuing Education Sponsor organizations submitted 52 annual reports for 2023. Four additional Sponsors have been approved to date in 2024.

Continued work to develop the following courses:

- a multi-part suite of courses on Addictions and Substance Use Health. Recordings have taken place for the introduction and the first module, and editing is currently in progress.
- a multi-part course in Pain Management and Psychology. The first module is in the final stages of development with its recording to follow. The project was the subject of a poster presentation at the 2024 Canadian Pain Society Annual Scientific Meeting in Ottawa on April 28, 2024.
- the teaching of ethics in psychology.

The Education and Training Committee produced a Briefing Paper, "Artificial Intelligence and Psychology", a brief overview of the impacts of A.I. on different aspects of psychology and a recommendation for further exploration of the topic.

Over the course of 2023–2024, the CPA collaborated with several Sections to deliver webinars on varying topics.

- Counselling Psychology Section live webinar:
  - *What about weight? A Primer on Weight Stigma for Psychological Practitioners and Researchers* with Dr. Sarah Nutter, University of Victoria.
- Black Psychology Section webinars:
  - *Mental Health First Aid for Africans in the Diaspora: Canada* by Noah Boakye-Yiadom.
  - *Black Minds Matter: Applying Liberation Psychology to Black People* by Dr. Thema Bryant, Pepperdine University, and Dr. Shavonne J. Moore-Lobban, Chicago School of Professional Psychology, Washington D.C. Campus.
  - *School and Clinical Child Psychology within the Black Population* by Dr. Linda Iwenofu, University of Toronto.
- Educational and School Psychology Section webinar:
  - *Gender Affirming Schools: Creating Safer Spaces for Children of All Genders* with Dr. Ada Sinacore.
- Rural and Northern Psychology Section Webinar:
  - *CPA's 2023 Telepsychology Guidelines* by Dr. Elizabeth Church, Dr. Laurie Ford, and Dr. Karen Cohen.

## PROVIDED FINANCIAL, ACADEMIC AND/OR CAREER DEVELOPMENT SUPPORT FOR STUDENTS, TEACHERS, MENTORS AND LEADERS

To provide ongoing career development support, the CPA:

- hosted its fourth annual Virtual Career Fair, again in collaboration with the CSBBCS, featuring psychology graduates who had pursued careers outside of academia and the health services delivery settings.
- regularly updated the CPA's Career Hub.
- hosted its inaugural in-person Job Fair, featuring more than 30 employers, as part of the CPA's 2023 Annual National Convention.
- supported the work of the CPA's Education and Training Committee working group (EduTrak) and its assessment of the preparation and training of students for careers in psychology.

## ACCREDITATION

As of April 2024, the CPA accredits a total of 45 residency programs and 45 doctoral programs.

The Accreditation Office and Panel completed 18 program accreditation and re-accreditation reviews between their Fall 2023 and Spring 2024 meetings, accrediting two new doctoral and internship programs.



The Accreditation Office and Panel continued to work on the implementation of the 6<sup>th</sup> Revision of the CPA's Accreditation Standards, which were approved by the Board of Directors in February 2023. The Panel has held two webinars on the major changes to the Standards for members of the training community in 2023-2024, as well as a session at the 2023 CPA Annual Convention in Toronto. Another session on the 6<sup>th</sup> Revision of the Standards is planned for the 2024 Convention in Ottawa. It is anticipated that all programs accredited by the CPA will be reporting on the most recent revision of the Standards by the 2025-2026 academic training year.

The CPA Panel and the Registrar, Dr. Madon, continue to work toward the implementation of an electronic accreditation portal to streamline the management of information required for the process of accreditation and reaccreditation. The portal will provide programs with an electronic means of providing and updating program information and will assist the Accreditation Office with the management of this information. The Panel and Accreditation Office have decided that the portal will be configured only to include the 6<sup>th</sup> Revision Standards, to ensure adoption of the new standards by the aforementioned 2025-2026 deadline.

The CPA Panel and the Registrar have continued to liaise with national and international training partners to address the ongoing issues related to psychology training. Dr. Madon continues to liaise with the APA, CCPPP, and other organizations on matters related to professional training in Canada and the U.S. The Registrar and Panel also continue to hold informal townhalls with members of the training community to discuss current issues in accreditation and training.

In 2023-2024, the Panel welcomed Dr. Joshua Madsen and Mr. Patrick Hickey as new members, and the Accreditation Office expanded its capacity with the hiring of Ms. Heba Khalil as a full-time Accreditation Coordinator.



## STRATEGIC GOAL #5: PROMOTES AND MODELS EQUITY, DIVERSITY, AND INCLUSION IN ALL WE DO

As part of the CPA's operational and Board activity, the following activities were undertaken to promote and model equity, diversity, and inclusion (EDI) in all we do:

- As part of a governance review, the CPA's Board voted to restructure the CPA's Human Rights and Social Justice Committee, and its six working groups, to the CPA's Equity and Human Rights Committee effective June 2024; work was initiated to update the committee's Terms of Reference and membership to reflect its new mandate.
- Provided EDI literacy training for the CPA's Board and staff.
  - Workshop on the history of anti-black racism presented by Uplift Black 365 entitled *A look back and a way forward*.
  - Panel session on human rights violations entitled *Building on Human Rights: Diversifying the voices and perspectives of those in the field*.
  - Workshop presented by Egale entitled *2SLGBTQI Workplace Inclusion: Considerations for Leadership*.
- Promoted videos created by the CPA's President, Dr. Eleanor Gittens, on her reflections about Black History Month and being an ally.
- Convened a working group to create an EDI Framework for the CPA.
- Convened a working group to develop a proposal for the Board's consideration, based on student input, to create a bursary for equity-deserving students.
- Coordinated discussions with external subject matter experts to create an online course on the history of anti-racism in psychology.
- Approved the creation of a new CPA Section on Asian Psychology.
- The CPA's 2024 annual national convention:
  - continues to include a thematic stream devoted to human rights and social justice that features CPA Sections and submissions with direct subject matter relevance.
  - aims to be inclusive of all delegates with various accessibility needs.
  - will feature an address by 2023–2024 Honourary President, the Honourable Jean Augustine, and a screening of the documentary *Steadfast*, based on her life.
  - will feature an address by Dr. Eleanor Gittens, the CPA's first Black female president. Her presentation is entitled *A Year in the Life of CPA's First Black Female President: Advancing Equity, Diversity, Inclusion and Belonging*.



- will provide five travel grants for equity-deserving students, valued at \$500 each.
- will include programmatic content specific to the CPA's newest Section on Asian Psychology, which coordinated a space for informal connections, affinity, and community building.
- Hosted several podcasts on topics such as, but not limited to: Gender inclusion in science, Detransitioning: Separating fact from fiction, Cisnormativity in healthcare, Gender diversity in policy and culture: Hate on the rise and health on the decline, Developing Anti-racist Cultural Competence
- Supported the delivery of four webinars that had an EDI focus (see goal 4 for details).
- Established a plan to collect diverse demographic information on our members, affiliates, and associates via a future membership survey.
- Met with various external organizations, within and outside of psychology, to discuss ways to better address equity, diversity, and inclusion in the discipline and profession of psychology.
- Continued to keep members abreast of topical Human Rights and Social Justice news/issues, and psychologists' work in this area, through our weekly news roundup (HRSJ section of the roundup), our podcasts, continuing professional development offerings, and through our Black History Month profiles.

The CPA also continued its efforts to engage and meet the needs of its Francophone members.

- An annual increase of our translation budget was continued to translate CPA policy documents, reports, fact sheets, and website content.
- The CPA's journals continue to publish articles in both English and French.
- Submissions for the CPA's annual national convention continue to be accepted in both English and French, and French simultaneous interpretation is offered for all the CPA's plenary sessions, including its Annual General Meeting.



## STRATEGIC GOAL #6: IS ACCOUNTABLE TO INDIGENOUS PEOPLE THROUGH THE RECOMMENDATIONS OF THE CPA'S RESPONSE TO THE TRUTH AND RECONCILIATION COMMISSION (TRC) OF CANADA'S REPORT

As part of our commitment to advancing knowledge and action, and being an ally and advocate in the healing, mental health, and wellness of Indigenous Peoples, we continued to act on the recommendations from the CPA's response to the Truth and Reconciliation Commission report to identify CPA-specific objectives and prioritize elements. To this end, the CPA:

- Continued to support various initiatives to recognize September 30<sup>th</sup> as Truth and Reconciliation Day, which included:
  - posting events that were happening, Canada-wide, on our social media platforms
  - highlighting the day in our monthly newsletter - including a poll question ('How are you, personally and/or professionally, honouring the National Day of Truth and Reconciliation') and a link to the *Truth and Reconciliation Commission of Canada: Call to Action* report
  - making available 100 codes to provide free access to take the introductory level 201 Indigenous Awareness Certification course offered by Indigenous Awareness Canada.
- Negotiated a 3-year agreement that provides discounted access to the full suite of Indigenous Awareness Canada courses to CPA members.
- Continued our Orange T-Shirt Day initiative. With the artwork of Indigenous artist Betty Albert, *Every Child Matters/Chaque Enfant Compte* orange t-shirts were created and sold at the CPA's annual national convention, with the profits donated to an Indigenous national charity, Indspire.
- Continued our Indigenous Psychology Student Award Program, dispensing bursaries to two additional students along with a one lump-sum grant to a third student.
- Maintained our commitment to ensuring that the CPA's annual national convention, which this year opens on National Indigenous Peoples Day, is a welcoming environment for members, affiliates and associates who identify as Indigenous. Once again, the CPA provided fee waivers for CPA members and affiliates who identify as Indigenous and whose membership is in good standing, and the scientific program includes programming specific to its Indigenous Peoples' Psychology thematic stream as a pre-convention professional development workshop and across all three days. In addition, this year's convention:

- welcomes local elders as knowledge sharers throughout the convention.
- welcomes Algonquin Elder Annie Smith St-Georges who will provide blessings during the Opening Ceremonies.
- will feature a Keynote address by Dr. Leroy Little Bear who will discuss *Indigenous Ways of Knowing in Mental Health, Wellness, and Healing*.
- will feature a round dance by the Ottawa River Singers.
- will feature local Indigenous Artisans as Exhibitors.
- provided a select number of travel grants for Indigenous CPA Student Affiliates.
- Hosted a podcast on the importance and meaning of land acknowledgements.
- In collaboration with the APA as the publisher of our journals, continued to promote specific articles with an Indigenous focus as relevant resources.

# COALITIONS, COLLABORATIVES, AND ALLIANCES

## Canadian Alliance of Mental Illness and Mental Health (CAMIMH)

Throughout 2023-24 we continued to support CAMIMH's ongoing work. Our activities included bookkeeping and administrative support, Mr. Brimacombe's leadership of CAMIMH's Public Affairs Committee and continued advocacy plan focused on policies that support expanded publicly funded access to mental health and substance use health care services, the second annual release of a mental health/substance use health report card, and a continued focus on mental health and substance use health parity. As part of its ongoing lobbying activities, CAMIMH convened many meetings with Parliamentarians and federal officials on mental health.

## Canadian Consortium for Research (CCR)

The CPA continued its membership in the CCR, with Dr. Lauren Thompson representing the CPA in the position of Vice-Chair. This past year, the CCR's efforts continued to focus on highlighting the contribution of psychological science to decision-makers and the need for continued investments in Canada's research ecosystem. The CCR held its annual meeting with the funders, in the form of an in-person breakfast meeting in early 2024.

## Canadian Life and Health Association (CLHIA)

The CPA continued its collaboration with CLHIA discussing insurance for psychological services from both the employee and employer perspective.

## Council of Professional Associations of Psychologists (CPAP)

The CPA, represented by Dr. Votta-Bleeker and Dr. Mitch Colp, is a member of CPAP, which holds a partner representative seat on the CPA's Board. CPAP meets to pool the collective knowledge and experience of the provincial, territorial, and national psychological associations to further our own jurisdictional psychology advocacy efforts. The CPA and CPAP also continued to co-manage the BMS Professional Liability Insurance Program.

## Extended Healthcare Providers Coalition (EHPC)

Dr. Votta-Bleeker and Mr. Brimacombe sit on this coalition of health providers whose members work within, and outside of, the public sector. Activity continued to include an interdisciplinary advocacy working group, collective advocacy on student loan forgiveness, discussion of having a stronger voice when it comes to advocating for appropriate extended health coverage for EHPC members, and the collection of data on Canada's mental health human resources.

## Global Psychology Alliance (GPA)

CPA Board Director, Dr. Claire Sira, is the CPA's regular representative on the Global Psychology Alliance (GPA). The GPA is an alliance of psychology associations around the world dedicated to applying psychological science to public policy.

## Mental Health Commission of Canada (MHCC) Advisory Committee on E-Mental Health

Mr. Brimacombe continues to sit on the MHCC's advisory committee on e-mental health whose membership also includes several psychologist scientists and practitioners with expertise in e-mental health. Activity in 2023/24 included a discussion of a national strategy on e-mental health, and recent e-service delivery innovations.

## National Collaborative for Suicide Prevention (NCSP)

The CPA continued to support the work of the National Collaborative for Suicide Prevention, sitting on the Data and Research Working Group. The Collaborative's work is focused on three areas: national strategy for suicide prevention, common messaging, and data and research.

## National Collaborative on Post-Traumatic Stress Disorder (PTSD)

Supported by the Canadian Institute for Public Safety Research and Treatment (CIPSRT) and the Atlas Institute for Veterans and Families, this Collaborative aims to enhance the collective understanding of PTSD. Members of the Collaborative represent a wide range of expertise from across Canada. Dr. Votta-Bleeker serves as the CPA's representative.

## National Research Advisory Committee on Suicide and Its Prevention

The CPA continued its representation on this committee. Its work is supported by the Public Health Agency of Canada and contributes to the work of the National Collaborative for Suicide Prevention.

## Organizations for Health Action (HEAL)

Dr. Votta-Bleeker and Mr. Brimacombe represented the CPA in HEAL activity. HEAL's advocacy priorities continued to be seniors, mental health, long-term care, and effective pan-Canadian planning when it comes to the health workforce. HEAL also met regularly with Parliamentarians including Minister Holland (Health) and Sean Casey (Chair, House of Commons Standing Committee on Health).

## Public Health Agency of Canada (PHAC)

Mr. Brimacombe continued to represent the CPA on a PHAC roundtable bringing together health care leaders in Canada in the service of population and public health. Activities this

year focused on inter-organizational information-sharing on priorities, and identifying public health issues national health organizations can advance with PHAC.

## Quality Mental Healthcare Network (QMHCN)

Supported by HealthCareCAN and the MHCC, the QMHCN unites health-sector leaders from across the country to help improve access to quality mental health care, including stigma reduction, support recovery-oriented practices, and promote the psychological health and safety of health care workers. Dr. Votta-Bleeker is the current CPA representative on this network.

## Community Health Leaders Network (CHLNet)

A not-for-profit network of 40+ Canadian health organizations focused on better incorporating evidence and systems thinking into the practice of 21<sup>st</sup> century health leadership to improve health system performance and advance transformation. Dr. Votta-Bleeker is a member of this network.

## Veteran's Affairs Canada (VAC) Mental Health Advisory Group

Dr. Madon represents the CPA on this Advisory Group, whose mandate includes supporting the well-being of veterans and their families.

# KEY HIGHLIGHTS OF THE 2023 AUDIT REPORT

## Highlights of the 2023 financial operations report are as follows:

- The CPA realized a surplus of \$50,474 which is an improvement from the 2023 budget deficit of \$630,515. This is largely due to unspent funds related to projects and staffing.
- Key variances from the budget were as follows:
  - Investment income was a gain of \$181,109 well above budget of \$48,000
  - Higher revenue from members - \$99,625 - including membership dues and convention registration
  - Human Resources pending was under budget by \$130,006 due to difficulty in recruiting for certain positions
  - Project spending was \$200,127 below budget, including public affairs projects, website refresh, and other smaller projects
- Overall, spending was \$558,597 below budget.

The CPA modified the various internally restricted funds to better describe the commitments made by the Association - they are listed below.

<b>Externally Restricted</b>	
Wesley Coons Memorial Fund	\$71,741
<b>Internally Restricted</b>	
Contingency Fund	\$1,749,223
Working Capital Fund	\$150,000
Strategic Initiatives Fund	\$342,000
Association Infrastructure Fund	\$279,000
Accreditation Panel Fund	\$213,716
Tangible Capital and Intangible Assets	\$37,087
Unrestricted	\$277,279
<b>Total</b>	<b>\$3,120,046</b>

# KEY HIGHLIGHTS OF THE 2023 AUDIT REPORT

Revenue	
Membership Fees	\$1,807,700
Convention/Professional Development Workshops	\$643,581
Publication Royalties	\$317,570
Accreditation Panel	\$277,133
Sponsorship and Affinity	\$257,136
Advertising	\$128,260
Grants	\$16,962
Course Fees	\$76,980
Investment	\$181,109
Other	\$13,955
<b>Total Revenue</b>	<b>\$3,720,386</b>

Expenses	
Administration	\$2,504,521
Convention/Professional Development Workshops	\$446,424
Public Affairs	\$13,263
Accreditation Panel	\$293,955
Membership	\$35,394
Journals, Publications, Psynopsis	\$250,761
Science Directorate	\$34,268
Professional Affairs	\$27,500
Education Directorate	\$53,615
Other	\$10,211
<b>Total Expenses</b>	<b>\$3,669,912</b>



# CPA'S 2023 ANNUAL NATIONAL CONVENTION in conjunction with the 5<sup>th</sup> NORTH AMERICAN CORRECTIONAL AND CRIMINAL JUSTICE PSYCHOLOGY CONFERENCE (N5)

JUNE 23– 25, 2023 (TORONTO, ON)



CPA Keynote Addresses **9**

Section Chair Addresses **4**

Committee Meetings **6**



Section-Invited Symposia **6**



Total **1,827** Attendees



Pre-Convention Professional Development Workshops **4**

Section-Featured Speakers **18**



Panel Discussions **17**



Scientific Program Streams **13**



In-Convention Professional Development Workshops **25**



Papers within a Symposium **319**



Internship/Job Fair Attendees **358**

12-Minute Talks **170**

Symposia **98**



5-Minute Snapshot Presentations **180**

Exhibitors & Sponsors **30**



Knowledge Sharing Group **1**



Posters **689**

25-Minute Review Sessions **8**

Conversation Sessions **49**

# OUR 2024 AWARD WINNERS



**CPA Gold Medal Award for Distinguished Lifetime Contributions to Canadian Psychology**  
Dr. David Streiner



**CPA Donald O. Hebb Award for Distinguished Contributions to Psychology as a Science**  
Dr. Thomas Hadjistavropoulos



**CPA Award for Distinguished Contributions to Education and Training in Psychology in Canada**  
Dr. Deborah Dobson



**CPA Award for Distinguished Contributions to Psychology as a Profession**  
Dr. Peter Bieling



**CPA Award for Public, Community Service, and Human Rights and Social Justice in Psychology**  
Dr. Gina Wong



**CPA Award for Distinguished Contributions to the International Advancement of Psychology**  
Dr. Josephine Tan



**CPA Humanitarian Award**  
Dr. Alike LaFontaine



**Section Newsletter Award Winner**  
Education and School Psychology Section for the Fall/Winter 2023 issue of [Morning Announcements](#)

## CPA President's New Researcher Award



Dr. Friedrich Götz



Dr. Andrew Kim



Dr. Kristy Robinson

## CPA Fellows



Dr. Patrick Baillie



Dr. Silvia Bonaccio



Dr. David Danto



Dr. Martin Drapeau



Dr. Maria Kokai



Dr. Mark Olver



Dr. Carmen Poulin



Dr. Shelly Russell-Mayhew



Dr. Debra Titone

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## Best Journal Article Award Winners

### ***Canadian Journal of Behavioural Science (CJBS) / Revue canadienne des sciences du comportement (RCSC):***

Jeffrey, N. K., Senn, C. Y., Krieger, M. A., & Forrest, A. (2023). The scope, nature, and impact of sexual violence among students from a Canadian university: A random sample study [Vol. 55, Issue 2, pp. 100-112].

### ***Canadian Journal of Experimental Psychology (CJEP) / Revue canadienne de psychologie expérimentale (RCPE):***

Corpuz, R.L., Oriet, C. (2002). Within-person variability contributes to more durable learning of faces, [Vol. 76, Issue 4, pp. 270-282)].

***Canadian Psychology (CP) / Psychologie canadienne (PC):*** Wiens, D., Theule, J., Keates, J., Ward, M., & Yaholkoski, A. (2023). Work-family balance and job satisfaction: An analysis of Canadian psychologist mothers, [Vol. 64, Issue 2, pp. 154-165].

# CPA STUDENT GRANTS: RESEARCH, CAREER DEVELOPMENT

Research Grants			
Grant Type	Recipient	Research Title	Affiliation
BMS	Brittany Skov	Evaluating the Association of Social and Cultural Connectedness and Accessible Healthcare, Dementia Modifiable Risk Factors, and Cognitive Health for On-Reserve First Nations Peoples	Lakehead University
BMS	Oana Bucsea	Patterns of Cardiac Regulation to NICU Stressors in Hospitalized Preterm Neonates	York University
BMS	Shreya Jagtap	Understanding and Preventing Aggression Across the Schizophrenia Spectrum: Momentary Assessment of Proximal Causes	University of Toronto Scarborough
CPA-SAC*	Abbigail Kinnear	Structural Validation of an Eating Disorder Behaviour Functions Measure	Western University
CPA-SAC	Amane Halicki-Asakawa	Body Empowerment for Non-binary, Transgender, and Gender-Diverse Youth: Development and Evaluation of the BEYOND Workshop	The University of British Columbia Okanagan Campus
CPA-SAC	Aryn Benoit	Examination of Associations Among Personal Characteristics, Sexual Consent Discrepancies, and Sexual Satisfaction	University of New Brunswick
CPA-SAC	Cassidy Ilchena	Burnout Among School Psychologists: A Meta-Analysis	University of Manitoba

\* SAC = Scientific Affairs Committee



CPA-SAC	Elisa Stragapede	Fueling Connection: A Dyadic Study to Examine the Role of Empathy Within Couples' Experience with Endometriosis.	University of Ottawa
CPA-SAC	Frédérique Deslauriers	Optimizing Current and Future Pandemic Preparedness: Forging a Public-Informed Research Strategy Using an Integrated Knowledge Translation Approach	Université du Québec à Montréal
CPA-SAC	Graham Berlin	Applying Rejection Sensitivity and Emotion Regulation Models to Sexual Minority Men Who Use Methamphetamine: Examining Rejection-Related Cognitive-Affective Processes	Toronto Metropolitan University
CPA-SAC	Hawra Al-Khaz'Aly	Protective and Risk Factors in the Link Between Trauma Exposure and PTSD in Refugees	University of Calgary
CPA-SAC	Jenna Vieira	Examining the Transdiagnostic Role of Coping Motives and Experiential Avoidance in the Relationship between Generalized Anxiety Disorder and Addictions	Toronto Metropolitan University
CPA-SAC	Lara Penner-Goeke	Informant Agreement of Symptoms in Attention-Deficit Hyperactivity Disorder	University of Manitoba
CPA-SAC	Lauren Hytman	Co-Creation of Community-based Care for Older Adults in Social Housing	Toronto Metropolitan University
CPA-SAC	Lojain Hamwi	Artificial Intelligence Meets Neonatal Care: Revolutionizing Pain Assessment for Preterm Infants	York University
CPA-SAC	Michelle Paluszek	Understanding Spanking Attitudes and Intentions: A Mixed Methods Approach	University of Regina
CPA-SAC	Ruo Ying Feng	Barriers and Facilitators to Mental Health Help-Seeking and Service Use Among Immigrant Youth in Canada: A Mixed-Methods Investigation	University of Ottawa

CPA-SAC	Sofia Melendez	Building Better Lives for Racialized Trans People: Improving Clinical Training	Toronto Metropolitan University
CPA-CSBBCS	Iulia Niculescu	The Effect of Depression and its Mechanisms on Prospective Memory: Findings from a Retrospective Analysis and Eye-Tracking	University of Windsor
Student Section	Chelsea Hobbs	Understanding the Lived Experiences of Hope Following First Pregnancy Miscarriage	University of Alberta
Student Section	Danie Beaulieu	From Diagnosis to Desire: An Exploration of the Unaddressed Sexual Well-Being Needs of Cancer Survivors by their Care Providers	University of New Brunswick
Student Section	Jane Phillips	AI-Assisted Faking in Personality Assessment	Wilfrid Laurier University
Student Section	Jennifer Martow	Pioneering Paths to Positive Mental Health: An In-Depth Scoping Review of Positive Psychology Interventions for Youth	University of Guelph
Student Section	Khalil Husein	How Does Popular Music Help You Remember Your Past?	University of Waterloo
Student Section	Krischanda Bemister	The Impact of Companion Animal Ownership on Empathy in Middle Childhood	Toronto Metropolitan University

## Leadership/Career Development Grants

Grant Type	Recipient	Purpose
BMS	Amy MacQuarrie	To attend the Basics of Pediatric Behavioral Sleep Medicine webinar
BMS	Kaitlyn Mahon	To attend career-development workshop

# OUR SECTIONS

Our Sections play an important role in meeting the needs of our members and affiliates. They are integral to filling our convention programming, assist in the development of professional development offerings, send regular newsletters to their Section members, review submitted fact sheets, and participate in the development of policies and positions in their areas of expertise. The following are highlights from some of our Sections.

## Addiction Psychology (152 members)

**Chair: Andrew Kim**

- Continued to offer several student awards for the annual convention including the Best Poster Award and the Diversifying Addiction Psychology Travel Award.
- Created and maintained a contact list of trainees, clinicians, academics, researchers, policy makers, and other individuals with interest in Addiction Psychology.

## Aging & Geropsychology (86 members)

**Chair: Colleen Millikin**

- Presented programming at CPA 2023 in Toronto, under our new name: Aging & Geropsychology. Sessions included a symposium on Geropsychology for the Generalist.
- Awarded 2 student travel awards and 1 student presentation award to graduate students who participated in the CPA Convention in Toronto.
- Added a student representative position to our section Executive Committee.

## Asian Psychology (New Section for 2024)

**Chairs: Gina Ko & Fred Chou**

- Shared a newsletter article introducing the founding of the Asian Psychology Section to the Counselling Psychology, Black Psychology, and International and Cross-Cultural Psychology Sections.
- Planned a virtual meet-and-greet with our section members to hear from the membership what they would want to see happen in the section moving forward.
- Planned the first Annual General Meeting to officially form the Asian Psychology Section Leadership Team, which will take place during CPA 2024.

## Black Psychology (104 members)

**Chair: Helen Ofosu**

- Hosted a webinar: Dr. Manal Guirguis-Younger, Jennifer McWilliams, and Ola Kuforiji; "Getting into Grad School." The presentation provided information, often inaccessible to Black and racialized students, regarding the opaque process of graduate school applications with the goal of improving the success rates for these applicants.
- Dr. Thema Bryant presented "Liberation Psychology" during Black History Month. She discussed concepts normally absent from the psychology curriculum, giving insights regarding how limited our methodologies and interventions are while providing a more inclusive perspective on well-being, and giving alternative ways of coping with oppression experienced by racialized people.

- Dr. Linda Iwenofu discussed Black school and clinical psychology; including evidence-based, culturally-informed interventions and resources for practitioners plus practical tips for caregivers supporting advocacy efforts for improving mental health in Black youth. The critical impact of racism (e.g., increasing suicide rates) and barriers to equitable access for services were highlighted.

## Brain and Cognitive Sciences (143 members)

**Chair: Vanessa Morris**

## Clinical Neuropsychology (353 members)

**Chair: Theone Paterson**

- Released our inaugural newsletter, packed with section updates, important reminders to members, and past and future Convention highlights.
- Our Section Executive created a resource targeted toward Canadian trainees. This open-sourced spreadsheet includes a list of neuropsychology-specific resources, Canadian institutions offering neuropsychology training, links to provincial psychology registration guidelines, and individuals across Canada available to mentor.
- Our Executive also worked to organize a series of monthly webinars. These well-attended presentations have showcased research and clinical expertise of section members, and offered valuable learning experiences for attendees.

## Clinical Psychology (1,157 members)

**Chair: Brigitte Sabourin**

- The Clinical Section continues to work diligently to support our graduate students with various awards and grants. We awarded 10 student travel awards and three best presentation awards for the 2023 CPA convention, one clinical and one research excellence award, and two student research grants.
- A call for applications for the CPA Clinical Section Advocacy Grant was sent out. The purpose of this grant is to support an advocacy project related to the science and practice of clinical psychology in Canada. Grant to be awarded in 2024. This grant had not been offered or awarded since 2012.
- The Clinical Section received over 200 submissions for the 2024 Annual Convention scientific program. Section executives recruited 33 reviewers who, along with executive members, completed a total of 416 reviews.

## Community Psychology (72 members)

**Chair: Julie Beaulac**

## Counselling Psychology (488 members)

**Chair: Allison Foskett**

- Our research assistant, Danielle Shinbine, completed an overview of the Counselling Psychology Section's history (1987-2023) along with a presentation that highlighted key events.
- Members of the Counselling Psychology Section are part of a CPA working group to supplement the CPA's 2012 report



on Evidence-Based Practice of Psychological Treatments with information on Indigenous Ways of Knowing and Qualitative Research.

- Additional work is being done to review the definition of counselling psychology to ensure cultural inclusivity and to reflect the Truth and Reconciliation Report's (TRC) calls to action.
- Won the 2023 CPA Section Newsletter Award for our Kaleidoscope Newsletter. We have been publishing an "Indigenization Ideas and Resources" section in our newsletter.

## Criminal Justice Psychology (294 members)

**Chair: Patrick Baillie**

- In conjunction with the annual CPA Conference in Toronto in June 2023, the Criminal Justice Psychology Section hosted the very successful 5<sup>th</sup> North American Correctional & Criminal Justice Psychology Conference. Hundreds of registered delegates attended symposia, poster sessions, and other presentations from renowned international speakers.

## Developmental Psychology (156 members)

**Chair: Jo-Anne Lefevre**

- We are working to rejuvenate the section. At the convention last year, we had a strong set of developmental presentations.
- New student presentation and travel awards are being developed in time for the 2024 convention.

## Educational and School Psychology (393 members)

**Chair: Maria Kokai**

- ESP Section Chair, Maria Kokai, and Chair-Elect, Steven Shaw, served as co-guest editors for a special issue of *Psynopsis* devoted to school psychology. The issue contained 18 articles that can be disseminated and used for advocacy.
- Published two newsletters and organized two CE webinars.
- Initiated data collection regarding the psychologist-to-student ratio and the current role of school psychologists in publicly funded schools across Canada. A pilot has already been done in BC through UBC.
- In collaboration with the Psychologists in Hospitals and Health Centres Section and the CPA, we aim to continue advocacy for psychology services in the public sector. For example, the topic will be addressed in a panel presentation at the 2024 CPA convention.

## Environmental Psychology (48 members)

**Chair: Lindsay McCunn**

- Continued to offer the Robert Sommer Memorial Award to a graduate student, as well as an Undergraduate Student Research Award.
- Continued to organize and hold virtual afternoon research 'coffee chats' with various Canadian scholars, as well as a scholar from England.
- Received approval from the CPA's Fact Sheet Editorial Board for a new fact sheet created by Section members on the benefits of nature on mental health.

## Extremism and Terrorism (26 members)

**Chair: David Nussbaum**

## Family Psychology (178 members)

**Chair: Kristene Cheung**

- At CPA 2023, invited Dr. Heather Prime as our Section-Featured Speaker and hosted a student symposium.
- Awarded Hannah O'Reilly (University of Ottawa) the 2023 Family Psychology Section Master's Thesis Award for her thesis entitled *ADHD Symptoms, Internalizing Symptoms, and Mindful Parenting During the Covid-19 Pandemic: A Cohort Study*.
- Awarded Kaeley Simpson (University of Manitoba) and Anisia Wong (Queen's University) Family Psychology Section Poster Awards at the 2023 CPA Convention.

## Health Psychology & Behavioural Medicine (256 members)

**Chair: Sheila Garland**

- Awarded 2024 Health Section Senior Career Award to Dr. Josée Savard (Université Laval). This award recognizes her as one of the field's most prominent and prestigious researchers and acknowledges her visible leadership and support for health psychology and behavioral medicine in Canada.
- Awarded travel awards to six trainees to support their participation in the 2024 CPA National Convention. Selection of awards was based on the relevance of the project to Health Psychology & Behavioural Medicine, their role in the project, and their future aspirations as

they pertain to Health Psychology & Behavioural Medicine. Special consideration was paid to financial need and/or equity considerations.

- Invited Dr. Nicole Alberts (Concordia University) to be our section's featured speaker at the 2024 CPA National Convention. Dr. Nicole Alberts is an Associate Professor and Canada Research Chair (Tier 2) in Behavioural Health Intervention at Concordia University in Montréal. Dr. Alberts' presentation is titled "Leveraging Digital Health to Increase the Impact of Behavioural Health Interventions across the Lifespan".

## History, Theory, and Qualitative Inquiry in Psychology (HTQ) Section (55 members)

**Chair: Kieran O'Doherty**

- Presentation of the Mary J. Wright Award to Haris Psaros for best student paper presented at CPA's 2023 convention.
- Successfully hosted the first section program to welcome qualitative research at the CPA's 2023 annual convention.

## Indigenous Peoples' Psychology (243 members)

**Chair: Kohkom Beverly Keeshig-Soonias**

## Industrial and Organizational Psychology (242 members)

**Chair: Ivona Hideg**

- Created and awarded two new section awards. Dr. Duygu Biricik Gulseren was the first recipient of our Outstanding Early Career Research Award and Dr. Helen Ofosu was the first recipient of our Outstanding Practitioner Award.

- Our EDI standing committee has been connecting and creating relationships with other Sections around common issues. The EDI committee has been working with our new communications committee to align our communication strategy with our EDI goals. Our communications team has been hard at work creating our overall communication strategy.
- Started Practice Makes Perfect discussions, and live broadcasted events, hosted by Michael Vodiano. The purpose of these series is to bridge better practice and scholarship in I/O Psychology.

## International and Cross-Cultural Psychology (141 members)

**Chair: Randal Tonks**

## Psychologists and Retirement (76 members)

**Chair: Juanita Mureika**

- Fact sheet on retirement was approved and is now on the CPA's website.
- Survey of registrars demonstrated large variation among provinces for timelines for retention and storage of psychological files. An appeal to the registrars to consider harmonizing those timelines was deemed not feasible, due to the regulation of psychologists falling under provincial jurisdiction and varying provincial legal regulations.

- Monthly meetings continued, and as a result, several new projects were identified, including another survey of registrars to identify the supply of psychologists per capita in each province, and another fact sheet on retirement issues specific to psychologists.

## Psychologists in Hospitals and Health Centres (177 members)

**Chair: Sean Kidd**

- Collaborated with CPA Senior Staff and other Sections to move forward coordinated actions to address the recruitment and retention crisis in the public sector.
- Continued to host community of practice sessions with sector leaders across the country - promoting collaboration and strategizing regarding the most pressing issues faced in hospitals and health centres.

## Psychology Careers and Professionals (113 members)

**Chair: Shahnaz Winer**

- Hosted a successful virtual networking event entitled, "Connect, Collaborate, and Celebrate!", designed to cater to diverse interests and career trajectories. The event provided an engaging and enriching opportunity for members of the Section to come together, exchange insights, and forge new connections.
- Worked to expand professional development offerings to support ongoing learning and skill development among psychology professionals at various stages in their careers.

- Undertook initiatives to promote diversity among professionals and to ensure culturally sensitive practices in the workplace, along with supporting the integration of diversity and inclusion principles into professional standards and guidelines.

## Psychology in the Military (108 members)

**Chair: Cindy Suurd-Ralph**

- Presented a monetary award for the highest standing in the Military Psychology and Leadership undergraduate program of the Royal Military College of Canada (RMC).
- Planning and preparation to co-host a second virtual undergraduate student conference on military psychology with the Department of Military Psychology and Leadership, RMC.
- Arranged for a keynote speaker to present at the CPA conference: "Proud, Brave, and Tough": Women in the Canadian Combat Arms.

## Psychopharmacology (57 members)

**Chair: Amir Ali Sepehry**

- Conducted a national survey. Data from this survey has been written for publication in collaboration with various psychologists across the nation and internationally.
- Our group activity included a Newsletter, about which we will provide an update at the CPA convention; we have prepared a few abstracts for the section symposium, also to be presented at the CPA convention.
- Gave talks on psychopharmacology of pain medication and implication in neuropsychological assessment, and RxP implication in Ontario.

## Quantitative Electrophysiology (20 members)

**Chair: Elizabeth Hartney**

## Quantitative Methods (74 members)

**Chair: Johnson Li**

- Successfully hosted the Quantitative Methods (QM) Undergraduate Recruitment Event so that undergraduate students could know more about the graduate programs in QM across Canada.
- In addition to our regular awards (Research Paper Award, Student Travel Award, Student Presentation Award), the QM section created a new lifetime award to recognize the research contributions of a long-term serving QM researcher.
- The Section-Invited Speaker for the QM section at the CPA's annual convention is Jessica Flake from McGill University.

## Rural and Northern Psychology (112 members)

**Chair: Veronica Hutchings**

- Successfully partnered with researchers from MSVU to apply/receive a SSHRC-PEG to fund the development and evaluation of a virtual CE series for our members titled "Virtual Grand Rounds & Watercooler Conversations". Each month from September 2023 to June 2024 an expert leads a 2 hour session for which participants receive 2 CPA-approved CE credits. The findings from the research will be presented at the 2024 CPA convention in Ottawa.
- Drs. Meadow Schroeder and Amanda Lints-Martindale continued to co-chair a group comprised of several members

of our Section to conduct the environmental scan of the literature on navigating dual relationships in rural, remote, and northern areas of Canada for the CPA's Committee on Ethics. The group has completed the scan and is in the process of writing up a report for the CoE.

- The R&N executive initiated discussions with the research team from MSVU to determine how we might be able to improve and continue to offer the CE series in future years.

## Section on Women And Psychology (SWAP) (255 members)

**Chair: Sara Crann**

- Our Leadership, Diversity, and Inclusion sub-committee continued to host virtual mentorship pods and plan future initiatives.
- Published three section newsletter editions (September 2023, January 2024, May 2024).
- Planned a Section Invited Symposium on research and activism related to Indigenous girls and women at this year's convention.

## Sexual Orientation and Gender Identity (167 members)

**Chair: Karen Blair**

- Held the third bi-annual Preaching to the Choir International LGBTQ Psychology conference in June 2023 at the CPA's convention. 120 delegates from around the world gathered for two days of research talks and discussions.
- Created a new newsletter format.

- Hosted the launch of the Journal of Femininities and a Femininities Research Cluster at CPA 2023 as part of the Preaching to the Choir conference.

## Social and Personality Section (136 members)

**Chair: Cheryl Harasymchuk**

- Revived the Section's Student Awards.
- Social and Personality pre-conference had 5 invited speakers and a dozen emerging scholars present their work in short presentations.

## Sport and Exercise Psychology (69 members)

**Chair: Vacant**

## Students of Psychology (1,668 members)

**Chair: Melissa Lazo**

- The mentorship program was a success with 108 participants. Highlights included a mentor/mentee awards and program orientation.
- This year's fall newsletter featured a special Accessibility theme through a Justice, Equity, Diversity, and Inclusivity perspective, with students from across the country writing in to share their thoughts.
- Our section continued to provide financial support to students in the field of psychology across Canada through numerous research and community awards including poster awards, travel awards, campus initiative grants, and mentorship awards.

## Teaching of Psychology (88 members)

### **Chair: Alyssa Counsell**

- Launched several awards related to scholarship of teaching and learning, and teaching excellence (including a dedicated path for early career instructors).
- Expanded our executive committee to include a dedicated communications director and student representative.
- Put together diverse convention programming related to learning and teaching in psychology, including our section featured speaker address on incorporating decolonial perspectives in the classroom.

## Traumatic Stress Section (403 members)

### **Chair: Jacinthe Dion**

- Offered two career awards to recognize outstanding work in the field of traumatic stress: Dr. Margaret McKinnon, McMaster University (Excellence in Psychology Award), and Dr. Marie-Pier Vaillancourt-Morel, Université du Québec à Trois-Rivières (Early Career Award).
- Created and disseminated three Section newsletters, which primarily provided updates on the International Society of Traumatic Stress Studies, the Global Collaboration on Traumatic Stress, award winners, as well as trauma-related conferences, scientific publications, and training opportunities.
- Developed the Section's programming for the annual convention, featuring an invited talk by Dr. Monnica Williams and an invited symposium chaired by Dr. Jude Mary Cénat, both on racial trauma (our 2023 career awards).





# OUR COMMITTEES, WORKING GROUPS, AND JOURNALS

Our governance relies on our committees and working groups for policy guidance. We are grateful to the members of our Board of Directors and our engaged members and affiliates for their time and their leadership in serving the association.

This past year, the Board undertook a governance review of its committee structure, re-aligning its board and management committees; the new structure will take effect June 2024 and as such, will be reflected in next year's annual report.

## Board Committees

**Finance, Administration, and Audit:** Eleanor Gittens (Chair), Kerri Ritchie, Anita Gupta, Lisa Votta-Bleeker (ex-officio)

**Governance:** Eleanor Gittens (Chair), Kerri Ritchie, Anita Gupta, Lisa Votta Bleeker (ex-officio)

**Fellows and Awards:** Colin MacLeod (Chair), Lynn Alden, Ester Cole, Catherine Costigan, Keith Dobson, Michel Dugas, Richard Koestner, Sherry Stewart, Eileen Wood, Kerri Ritchie (Board Liaison), Cara Bernard (ex-officio)

**Ethics:** Janel Gauthier (Chair), Donald Stewart (Vice-Chair), Ann Marie Dewhurst, Alexis Fabricius (Student Member), Harpreet Gill, Sarah Lade, Olga Heath, Meghan McMurtry, H el ene Richard, Robyn Shields (Student Member), Carole Sinclair, Cannie Stark, Keira Stockdale, Ivan Zinger, Janine Hubbard (Board Liaison), Stewart Madon (ex-officio)

**Accreditation Panel:** Douglas Cane (Chair), Laurie Ford (Chair-Elect), Niki Fitzgerald, Sheila Garland, Patrick Hickey (Student member), Joshua Madsen, Christina Rinaldi, Virginia Tze, Monnica Williams, Stewart Madon (ex-officio)

**Past Presidents:** Kerri Ritchie (Chair), all CPA Past Presidents

**Professional Affairs:** Mitch Colp (Chair and Board Liaison), Carmen Bellows, Ester Cole, Janine Hubbard, Lewis Leikin, Amanda Pontefract, Deanne Simms, Easter Yassa, Stewart Madon (ex-officio)

**Education and Training:** Meghan Norris (Chair and Board Liaison), Sydney Austin (Student Representative), Supriya Bains (Student Representative), Katelynn Carter-Rogers, Jennifer Connolly, Alyssa Counsell, Myra Fernandes, Sara Hagstrom, Andrew Kim, Melissa McGonnell, Alisia Palermo (Student Representative), Adam Sandford, Steven Smith, Jodi Webster, Vincent Wong, David Mercer (ex-officio)

**Scientific Affairs:** Adam Sandford (Chair and Board Liaison), Sophie Bergeron, Audrey Brassard, Sandra Byers, Ken Craig, Martin Drapeau, Michel Dugas, Cheryl Harasymchuk, Andrea Howard, Randall Jamieson, Sean Kidd, Jo-Anne Lefevre, Lindie Liang, Natalie Mota,



Annie Roy-Charland, Donald Saklofske, Debra Titone, Shahnaz Winer, Lauren Thompson (ex-officio)

**Human Rights and Social Justice in Psychology:** Kerri Ritchie (Co-Chair and Board Liaison), Ada Sinacore (Co-Chair), Jesse Bossé, Alejandra Botia, Jim Cresswell, Eleanor Gittens, Kirby Huminuik, Victoria Kavanagh, Adam Sandford, Keira Stockdale, Nancy Tangon, Kara Turcotte, Kaori Wada, Vincent Wong, Lisa Votta-Bleeker (ex-officio)

**Knowledge Sharing Group/Standing Committee on Reconciliation with Indigenous Peoples:** Allison Reeves (Chair), Rozen Alex, Robin Alter, David Danto, Laurie Ford, Roger John, Beverly Keeshig-Soonias, Joshua Madsen, Rick Wabano (Community member), Natasha Wawrykow, Meghan Norris (Board Liaison), Lisa Votta-Bleeker (ex-officio)

**International Relations:** Jennifer Veitch (Chair), Gira Bhatt, John Berry, Cristina Busila, Janel Gauthier, Naomi Koerner, Gary Latham, Lindsay McCunn, Saba Safdar, Don Saklofske, David Nussbaum, Randal Tonks, Claire Sira (Board Liaison), Lauren Thompson (ex-officio)

- **Canadian National Panel for IUPsyS:** Saba Safdar (Chair), Lindsay McCunn, Adam Sandford, Jennifer Veitch, Lisa Votta-Bleeker (ex-officio), Lauren Thompson (ex-officio)

**Council of Sections:** Amir Sepehry (Chair), all Section Chairs

## Management Committees

**Convention:** Julie Auger (Chair), Megan Ames, Kohkom Beverly Keeshig-Soonias, Sara Hagstrom, Lindie Liang, Amir Sepehry (Board Liaison for Sections), Eleanor Gittens (Board Liaison), Kathy Lachapelle-Pétrin (Staff Observer)

**Membership:** Leanna Verrucci (Chair), David Bourgeois, Zarina Giannone, Andrew Lumb, Jennifer McWilliams, Joanna Pozzulo, Adam Sandford, Shahnaz Winer, Janine Hubbard (CPA Board Liaison), Lisa Votta-Bleeker (ex-officio), Eric Bollman (Staff Observer), Zaineb Bouhlal (Staff Observer), Kathryn McLaren (Staff Observer)

## Working Groups

**Equity-Deserving Student Bursary:** Edna Aryee (Co-Chair), James MacDougall (Co-Chair), Caroline Erentzen, Melanie Nelson, Anisa Nasseri, Negar Khodarahmi, Camille Cato, Moonkyung Min, Leanna Verrucci, Eleanor Gittens (Board Liaison), Lisa Votta-Bleeker (ex-officio)

**EDI Framework:** Myesha Syeda (Co-Chair), Trevor Hart (Co-Chair), Melanie Nelson, Dana Strauss, Kerry Kawakami, Ester Cole, Anita Gupta, James MacDougall, Sabrina Hassan, Caroline Erentzen, Evelyn Maeder, Farena Pinnock, Eleanor Gittens (Board Liaison), Lisa Votta-Bleeker (ex-officio)

### **Evidence-based Practice of Psychological Treatment:**

Houyuan Luo (Co-Chair), Amir Sepehry (Co-Chair and Board Liaison), Stewart Madon (ex-officio)

- **Qualitative Research Sub-Committee:** Lynn Alden, Dave Gallson, Anusha Kassan, Jessica Van Vliet, Jon Woodend
- **Indigenous Ways of Knowing Sub-Committee:** Reagan Gale, Dave Gallson, Ken Pierce, Gwendolyn D. Villebrun, Dennis Charles Wendt

## **BMS Insurance Steering Committee**

### **Professional Liability Insurance Steering Committee:**

Phil Bolger (Chair), Adrienne Fillatre, Judi Malone, Mandy McLean, Maggie Green, Anita Gupta, Lisa Votta-Bleeker

## **Journal Editors**

**Canadian Psychology:** Don Saklofske

**Canadian Journal of Behavioural Science:** Annie Roy-Charland

**Canadian Journal of Experimental Psychology:** Debra Titone



# **ANNUAL REPORT 2023 - 2024**

CANADIAN  
PSYCHOLOGICAL  
ASSOCIATION

SOCIÉTÉ  
CANADIENNE DE  
PSYCHOLOGIE